




# April

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 	2 Orange Chicken Steamed Rice <b>** or Main Dish Option</b> Fruit Fresh Veggie Bar Fortune Cookie	3 Pizza Bites <b>** or Main Dish Option</b> Fruit Fresh Veggie Bar	4 Hot Dog <b>** or Main Dish Option</b> Chips Fruit Fresh Veggie Bar	5 Hungry Howie's Pizza <b>**or Main Dish Option</b> Fresh Veggie Fruit Treat
8 Apple Cinnamon French Toast Sausage <b>** or Main Dish Option</b> Hashbrowns Fruit Fresh Veggie Bar	9 Café Rio Style Salad Tortilla <b>** or Main Dish Option</b> Fruit Fresh Veggie Bar	10 Popcorn Chicken <b>or **Main Dish Option</b> Mashed Potatoes w/Gravy Fruit Fresh Veggie Bar	11 Hamburger <b>** or Main Dish Option</b> Fruit Fresh Veggie Bar	12 Hungry Howie's Pizza <b>**or Main Dish Option</b> Fresh Veggie Fruit Treat
15 Crispy Chicken Strips Biscuit <b>** or Main Dish Option</b> Fruit Fresh Veggie Bar	16 Mac & Cheese <b>** or Main Dish Option</b> Fruit Fresh Veggie Bar	17 Spaghetti w/Meat Sause <b>** or Main Dish Option</b> Garlic Toast Fruit Fresh Veggie Bar	18 Chicken Patty Sandwich <b>** or Main Dish Option</b> Tater Tots Fruit Fresh Veggie Bar	19 Hungry Howie's Pizza <b>**or Main Dish Option</b> Fresh Veggie Fruit Treat
22 Corn Dog <b>** or Main Dish Option</b> Fruit Fresh Veggie Bar	23 Orange Chicken Steamed Rice <b>** or Main Dish Option</b> Fruit Fresh Veggie Bar Fortune Cookie	24 Cheesy Garlic Bread <b>** or Main Dish Option</b> Marinara Sauce Fruit Fresh Veggie Bar	25 Pretzel w/Cheese Sauce Yogurt <b>** or Main Dish Option</b> Fruit Fresh Veggie Bar	26 Hungry Howie's Pizza <b>**or Main Dish Option</b> Fresh Veggie Fruit Treat
29 Country Fried Chicken Hashbrowns <b>** or Main Dish Option</b> Fruit Fresh Veggie Bar	30 Soft Taco <b>** or Main Dish Option</b> Refried Beans Fruit Fresh Veggie Bar		<b>**Daily Main Dish Substitution</b> Smoothie, Deli Sandwich, or PB&J Uncrustable	<b>Additional Substitutions for 6<sup>th</sup>-8<sup>th</sup> Grades Only</b> Oriental Chicken Salad (M) Taco Salad (T) Crispy Chicken Salad (W) Chef Salad (Th)



## GEORGE WASHINGTON ACADEMY

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This institution is an equal opportunity provider. Milk served with lunch each day: Skim, 1% Lowfat, Chocolate Milk

