



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Crispy Chicken Strips Biscuit <b>or **Main Dish Option</b> Fruit Fresh Veggie Bar	3 Cheesy Nachos Refried Beans <b>or **Main Dish Option</b> Fruit Fresh Veggie Bar	4 Spaghetti w/Meat Sauce <b>or **Main Dish Option</b> Garlic Toast Fruit Fresh Veggie Bar	5 Chicken Patty Sandwich <b>or **Main Dish Option</b> Tater Tots Fruit Fresh Veggie Bar	6 Hungry Howie's Pizza <b>or **Main Dish Option</b> Side Salad Fruit Treat
9 Corn Dog Graham Cracker <b>or **Main Dish Option</b> Fruit Fresh Veggie Bar	10 Orange Chicken w/Rice <b>or **Main Dish Option</b> Fruit Fresh Veggie Bar Fortune Cookie	11 Mac And Cheese <b>or **Main Dish Option</b> Fruit Fresh Veggie Bar	12 Pretzel w/ Cheese Sauce Yogurt <b>or **Main Dish Option</b> Fruit Fresh Veggie Bar	13 Hungry Howie's Pizza <b>or **Main Dish Option</b> Side Salad Fruit Treat
16 Pancake and Sausage on a Stick <b>or **Main Dish Option</b> Hashbrowns Fruit Fresh Veggie Bar	17 Soft Taco <b>or **Main Dish Option</b> Refried Beans Fruit Fresh Veggie Bar	18 Chicken Alfredo <b>or **Main Dish Option</b> Garlic Toast Fruit Fresh Veggie Bar	19 Chicken Patty Sandwich <b>or **Main Dish Option</b> Tater Tots Fruit Fresh Veggie Bar	20 Hungry Howie's Pizza <b>or **Main Dish Option</b> Side Salad Fruit Treat
23 Crispy Chicken Strips Biscuit <b>or **Main Dish Option</b> Fruit Fresh Veggie Bar	24 Café Rio Style Salad Tortilla <b>or **Main Dish Option</b> Fruit Fresh Veggie Bar	25 Corn Dog Graham Cracker <b>or **Main Dish Option</b> Fruit Fresh Veggie Bar	26 Hungry Howie's Pizza <b>or **Main Dish Option</b> Side Salad Fruit Treat	
<b>**Daily Main Dish Substitution</b> Smoothie, Deli Sandwich, or PB&J Uncrustable				<b>Additional Substitutions for 6<sup>th</sup>-8<sup>th</sup> Grades Only</b> Oriental Chicken Salad (M) Taco Salad (T) Crispy Chicken Salad (W) Chef Salad (Th)



## GEORGE WASHINGTON ACADEMY

"Building a Strong Foundation"

This institution is an equal opportunity provider. Milk served with lunch each day: Skim, 1% Lowfat, Chocolate Milk (Menu subject to change)