



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Pancake and Sausage on a Stick <b>or **Main Dish Option</b> Hashbrowns Fruit Fresh Veggie Bar	2 Soft Taco <b>or **Main Dish Option</b> Refried Beans Fruit Fresh Veggies	3 Chicken Alfredo <b>or **Main Dish Option</b> Garlic Toast Fruit Fresh Veggie Bar	4 Chicken Patty Sandwich <b>or **Main Dish Option</b> Tater Tots Fruit Fresh Veggie Bar	5 Hungry Howie's Pizza <b>or **Main Dish Option</b> Side Salad Fruit Treat
8 Crispy Chicken Strips Biscuit <b>or **Main Dish Option</b> Fruit Fresh Veggie Bar	9 Teriyaki Chicken w/Rice <b>or **Main Dish Option</b> Fruit Fresh Veggie Bar Fortune Cookie	10 Pizza Bites <b>** or Main Dish Option</b> Fruit Fresh Veggie Bar	11 Hot Dog <b>or **Main Dish Option</b> Chips Fruit Fresh Veggie Bar	12 Hungry Howie's Pizza <b>or **Main Dish Option</b> Side Salad Fruit Treat
15 Apple Cinnamon French Toast Sausage <b>or **Main Dish Option</b> Hashbrowns Fruit Fresh Veggie Bar	16 Orange Chicken w/Rice <b>or **Main Dish Option</b> Fruit Fresh Veggie Bar Fortune Cookie	17 Popcorn Chicken <b>or **Main Dish Option</b> Mashed Potatoes w/Gravy Fruit Fresh Veggie Bar	18 Hamburger <b>or **Main Dish Option</b> Chips Fruit Fresh Veggies	19 Hungry Howie's Pizza <b>or **Main Dish Option</b> Side Salad Fruit Treat
22 Crispy Chicken Strips Biscuit <b>or **Main Dish Option</b> Fruit Fresh Veggie Bar	23 Chicken Fajitas Refried Beans <b>or **Main Dish Option</b> Fruit Fresh Veggies	24 Cheesy Garlic Bread <b>or **Main Dish Option</b> Fruit Fresh Veggie Bar	25 Hungry Howie's Pizza <b>or **Main Dish Option</b> Side Salad Fruit Treat	



**\*\*Daily Main Dish Substitution**  
Smoothie, Deli Sandwich, or  
PB&J Uncrustable



**Additional Substitutions for 6<sup>th</sup>-8<sup>th</sup> Grades Only**  
Oriental Chicken Salad (M)  
Taco Salad (T)  
Crispy Chicken Salad (W)  
Chef Salad (Th)

**GEORGE WASHINGTON ACADEMY**  
"Building a Strong Foundation"

George Washington Academy Child Nutrition Program is experiencing the same food/supply chain issues that have impacted restaurants and grocery stores throughout this country. We are committed to ensuring students continue to have access to healthy meals each school day, although we may have to make some last-minute changes to our regular menus, based on availability. We hope you will be patient as we sort through these food/supply chain issues.

This institution is an equal opportunity provider. Milk served with lunch each day: Skim, 1% Lowfat, Chocolate Milk

