



November



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Pancake and Sausage on a Stick or **Main Dish Option Hashbrown Juice	2 Soft Taco Tortilla Chips or **Main Dish Option Refried Beans Fruit Fresh Veggie Bar	3 Chicken Alfredo Garlic Toast or **Main Dish Option Fruit Fresh Veggie Bar	4 Chicken Patty Sandwich or **Main Dish Option Tater Tots Fruit Fresh Veggie Bar	5 Hungry Howie's Pizza **or Main Dish Option Fresh Veggies Fruit Treat
8 Crispy Chicken Strips Biscuit ** or Main Dish Option Fruit Fresh Veggie Bar	9 Taco Soup ** or Main Dish Option Fruit Fresh Veggie Bar	10 Breaded Mozzarella Sticks or **Main Dish Option Fruit Fresh Veggie Bar	11 Hot Dog ** or Main Dish Option Fruit Chips Fresh Veggie Bar	12 Hungry Howie's Pizza **or Main Dish Option Fresh Veggies Fruit Treat
15 Apple Cinnamon French Toast Yogurt ** or Main Dish Option Hashbrown Fruit Fresh Veggie Bar	16 Orange Chicken Steamed Rice ** or Main Dish Option Fruit Fresh Veggie Bar Fortune Cookie	17 Corn Dog ** or Main Dish Option Fruit Fresh Veggie Bar	18 Hamburger on a Bun ** or Main Dish Option Fruit Fresh Veggie Bar	19 Hungry Howie's Pizza **or Main Dish Option Fresh Veggies Fruit Treat
22 Crispy Chicken Strips ** or Main Dish Option Fruit Fresh Veggie Bar	23 Roast Turkey Stuffing ** or Main Dish Option Mashed Potatoes w/Gravy Fruit Salad Frosted Cookie			
29 No School For Students Teacher Work Day 	30 Orange Chicken Steamed Rice ** or Main Dish Option Fruit Fresh Veggie Bar Fortune Cookie		Additional Substitutions for 5th-7th Grades Only Oriental Chicken Salad (M) Taco Salad (T) Crispy Chicken Salad (W) Chef Salad (Th)	**Daily Main Dish Substitution Yogurt, Deli Sandwich, or PB&J Uncrustable

GEORGE WASHINGTON ACADEMY

“Building a Strong Foundation”

This institution is an equal opportunity provider. Milk served with lunch each day: Skim, 1% Lowfat, Chocolate Milk (Menu subject to change)

