







November



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Orange Chicken w/Rice ** or Main Dish Option Fruit Fresh Veggie Bar Fortune Cookie	2 Popcorn Chicken or **Main Dish Option Mashed Potatoes w/Gravy Fruit	3 Hamburger ** or Main Dish Option Fruit Fresh Veggie Bar	4 Hungry Howie's Pizza **or Main Dish Option Fresh Veggies Fruit Treat
7 Crispy Chicken Strips Biscuit ** or Main Dish Option Fruit Fresh Veggie Bar	8 Taco Soup ** or Main Dish Option Fruit Fresh Veggie Bar	9 Spaghetti w/Meat Sauce or **Main Dish Option Garlic Toast Fruit Fresh Veggie Bar	10 Chicken Patty Sandwich or **Main Dish Option Tater Tots Fruit Fresh Veggie Bar	11 Hungry Howie's Pizza **or Main Dish Option Fresh Veggies Fruit Treat
14 Corn Dog ** or Main Dish Option Fruit Fresh Veggie Bar	15 Orange Chicken w/Rice ** or Main Dish Option Fruit Fresh Veggie Bar Fortune Cookie	16 Thanksgiving Meal ** or Main Dish Option Mashed Potatoes w/Gravy Fruit Salad Frosted Cookie	17 Soft Pretzel w/ Cheese Sauce Yogurt or **Main Dish Option Fruit Fresh Veggie Bar	18 Hungry Howie's Pizza **or Main Dish Option Fresh Veggies Fruit Treat
21 Apple Cinnamon French Toast Sausage ** or Main Dish Option Hashbrown Fruit Fresh Veggie Bar	22 Soft Taco Refried Beans or **Main Dish Option Tortilla Chips Fruit Fresh Veggie Bar	  		
28 No School For Students Teacher Work Day 	29 Teriyaki Chicken Rice or **Main Dish Option Fruit Fresh Veggie Bar	30 Café Rio Style Salad Tortilla or **Main Dish Option Fruit Fresh Veggie Bar	Additional Substitutions for 5th-7th Grades Only Oriental Chicken Salad (M) Taco Salad (T) Crispy Chicken Salad (W) Chef Salad (Th)	**Daily Main Dish Substitution Yogurt, Deli Sandwich, or PB&J Uncrustable

GEORGE WASHINGTON ACADEMY

“Building a Strong Foundation”

Washington Academy Child Nutrition Program is experiencing the same food/supply chain issues that have impacted restaurants and grocery stores throughout this country. committed to ensuring students continue to have access to healthy meals each school day, although we may have to make some last-minute changes to our regular menus, based on availability. We hope you will be patient as we sort through these food/supply chain issues.

This institution is an equal opportunity provider. Milk served with lunch each day: Skim, 1% Lowfat, Chocolate Milk

