



# November



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Additional Substitutions for 5<sup>th</sup>-7<sup>th</sup> Grades Only</b></p> <p>Oriental Chicken Salad (M) Taco Salad (T) Crispy Chicken Salad (W) Chef Salad (Th)</p>	<p><b>**Daily Main Dish Substitution</b></p> <p>Yogurt, Deli Sandwich, or PB&amp;J Uncrustable</p>	<p>1 Spaghetti w/Meat Sauce <b>or **Main Dish Option</b> Garlic Toast Fruit Fresh Veggie Bar</p>	<p>2 Chicken Patty Sandwich <b>or **Main Dish Option</b> Tater Tots Fruit Fresh Veggie Bar</p>	<p>3 Hungry Howie's Pizza <b>**or Main Dish Option</b> Fresh Veggies Fruit Treat</p>
<p>6 Corn Dog <b>** or Main Dish Option</b> Fruit Fresh Veggie Bar</p>	<p>7 Orange Chicken w/Rice <b>** or Main Dish Option</b> Fruit Fresh Veggie Bar Fortune Cookie</p>	<p>8 Mozzarella Sticks Marinara Sauce <b>** or Main Dish Option</b> Fruit Fresh Veggie Bar</p>	<p>9 Soft Pretzel w/ Cheese Sauce Yogurt <b>or **Main Dish Option</b> Fruit Fresh Veggie Bar</p>	<p>10 Hungry Howie's Pizza <b>**or Main Dish Option</b> Fresh Veggies Fruit Treat</p>
<p>13 Pancake w/ Sausage on a Stick <b>** or Main Dish Option</b> Hashbrown Fruit Fresh Veggie Bar</p>	<p>14 Soft Taco <b>or **Main Dish Option</b> Refried Beans Fruit Fresh Veggie Bar</p>	<p>15 Chicken Alfredo <b>or **Main Dish Option</b> Garlic Toast Fruit Fresh Veggie Bar</p>	<p>16 Chicken Patty Sandwich <b>or **Main Dish Option</b> Tater Tots Fruit Fresh Veggie Bar</p>	<p>17 Hungry Howie's Pizza <b>**or Main Dish Option</b> Fresh Veggies Fruit Treat</p>
<p>20 Crispy Chicken Strips Biscuit <b>** or Main Dish Option</b> Fruit Fresh Veggie Bar</p>	<p>21 Thanksgiving Meal <b>** or Main Dish Option</b> Mashed Potatoes w/Gravy Fruit Salad Frosted Cookie</p>			
<p>27 No School For Students Teacher Work Day</p>	<p>28 Café Rio Style Salad Tortilla <b>or **Main Dish Option</b> Fruit Fresh Veggie Bar</p>	<p>29 Pizza Bites Marinara Sauce <b>** or Main Dish Option</b> Fruit Fresh Veggie Bar</p>	<p>30 Hot Dog <b>or **Main Dish Option</b> Fruit Fresh Veggies</p>	

## GEORGE WASHINGTON ACADEMY

“Building a Strong Foundation”

Washington Academy Child Nutrition Program is experiencing the same food/supply chain issues that have impacted restaurants and grocery stores throughout this country, committed to ensuring students continue to have access to healthy meals each school day, although we may have to make some last-minute changes to our regular menus, based on availability. We hope you will be patient as we sort through these food/supply chain issues.

This institution is an equal opportunity provider. Milk served with lunch each day: Skim, 1% Lowfat, Chocolate Milk

