

October 2026

*** Daily Main Dish

Substitution:

Yogurt, Deli Sandwich,
or PB&J Uncrustable

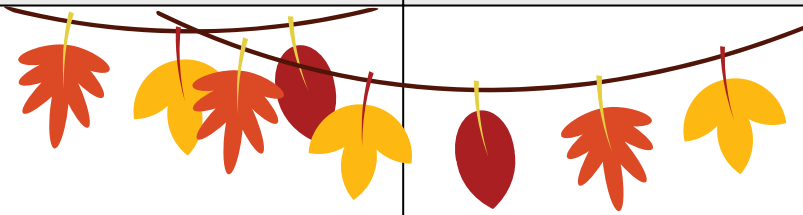
Substitutions for
5th-7th Grades Only:

Oriental Chicken Salad (M)

Taco Salad (T)

Crispy Chicken Salad (W)

Pizza Salad (TH)

Monday	Tuesday	Wednesday	Thursday	Friday
				
			1 Chicken Patty Sandwich ***or Substitution Tater Tots Veggie Bar & Fruit	2 Hungry Howie's Pizza ***or Substitution Veggie Bar & Fruit
5 Chicken Strips & Biscuit ***or Substitution Veggie Bar & Fruit	6 Cheesy Nachos ***or Substitution Refried Beans Veggie Bar & Fruit	7 Mozzarella Sticks ***or Substitution Veggie Bar & Fruit	8 Hot Dog ***or Substitution Sun Chips Veggie Bar & Fruit	9 Hungry Howie's Pizza ***or Substitution Veggie Bar & Fruit
12 Corn Dog ***or Substitution Graham Crackers Veggie Bar & Fruit	13 Orange Chicken & Rice ***or Substitution Veggie Bar & Fruit	14 Popcorn Chicken ***or Substitution Mashed Potatoes Veggie Bar & Fruit	15 No School	16 No School
19 No School	20 Soft Taco ***or Substitution Refried Beans Veggie Bar & Fruit	21 Chicken Alfredo ***or Substitution Garlic Toast Veggie Bar & Fruit	22 Chicken Patty Sandwich ***or Substitution Tater Tots Veggie Bar & Fruit	23 Hungry Howie's Pizza ***or Substitution Veggie Bar & Fruit
26 Chicken Strips & Biscuit ***or Substitution Veggie Bar & Fruit	27 Orange Chicken & Rice ***or Substitution Veggie Bar & Fruit	28 Pizza Bites ***or Substitution Veggie Bar & Fruit	29 Taco Soup ***or Substitution Veggie Bar & Fruit	30 Hungry Howie's Pizza ***or Substitution Veggie Bar & Fruit

George Washington Academy
"Building a Strong Foundation"

This institution is an equal opportunity provider.

Menu may change due to product availability. Milk served: 1% Lowfat, Chocolate, Strawberry