

2025 September

***** Daily Main Dish
Substitution:**

Yogurt, Deli Sandwich,
or PB&J Uncrustable

**Substitutions for
5th-7th Grades Only:**

Oriental Chicken Salad (M)
Taco Salad (T)
Crispy Chicken Salad (W)
Pizza Salad (TH)

Monday	Tuesday	Wednesday	Thursday	Friday
1 No School	2 Teriyaki Beef & Rice ***or Substitution Veggie Bar & Fruit	3 Pizza Bites ***or Substitution Veggie Bar & Fruit	4 Hot Dog ***or Substitution Sun Chips Veggie Bar & Fruit	5 Hungry Howie's Pizza ***or Substitution Veggie Bar & Fruit
8 Apple Cinnamon Toast ***or Substitution Hasbrowns Veggie Bar & Fruit	9 Orange Chicken & Rice ***or Substitution Veggie Bar & Fruit	10 Popcorn Chicken ***or Substitution Mashed Potatoes Veggie Bar & Fruit	11 Hamburger ***or Substitution Sun Chips Veggie Bar & Fruit	12 Hungry Howie's Pizza ***or Substitution Veggie Bar & Fruit
15 Breaded Cheese Ravioli ***or Substitution Veggie Bar & Fruit	16 Bean & Cheese Burrito ***or Substitution Refried Beans Veggie Bar & Fruit	17 Spaghetti & Meat Sauce ***or Substitution Garlic Toast Veggie Bar & Fruit	18 Chicken Patty Sandwich ***or Substitution Tater Tots Veggie Bar & Fruit	19 Hungry Howie's Pizza ***or Substitution Veggie Bar & Fruit
22 Chicken Strips & Biscuit ***or Substitution Veggie Bar & Fruit	23 Cheesy Nachos ***or Substitution Refried Beans Veggie Bar & Fruit	24 Cheesy Garlic Bread ***or Substitution Veggie Bar & Fruit	25 French Dip Sandwich ***or Substitution French Fries Veggie Bar & Fruit	26 Hungry Howie's Pizza ***or Substitution Veggie Bar & Fruit
29 Corn Dog ***or Substitution Graham Crackers Veggie Bar & Fruit	30 Orange Chicken & Rice ***or Substitution Veggie Bar & Fruit			

George Washington Academy
"Building a Strong Foundation"

This institution is an equal opportunity provider.

Menu may change due to product availability. Milk served with lunch: 1% Lowfat, Chocolate,
Strawberry