

September

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Teriyaki Chicken Steamed Rice or **Main Dish Option Fruit Fresh Veggie Bar	2 Country Fried Steak or **Main Dish Option Mashed Potatoes w/Gravy Fruit	3 Hot Dog ** or Main Dish Option Fruit Fresh Veggie Bar	4 Hungry Howie's Pizza or **Main Dish Option Side Salad Fruit Treat
7 	8 Orange Chicken w/Rice or **Main Dish Option Fruit Fresh Veggie Bar Fortune Cookie	9 Popcorn Chicken ** or Main Dish Option Mashed Potatoes w/ gravy Fruit Fresh Veggie Bar	10 Hamburger ** or Main Dish Option Fruit Fresh Veggie Bar	11 Hungry Howie's Pizza or **Main Dish Option Side Salad Fruit Treat 
14 Crispy Chicken Strips Biscuit or **Main Dish Option Fruit Fresh Veggie Bar	15 Chicken Fajitas Refried Beans ** or Main Dish Option Fruit Fresh Veggie Bar	16 Spaghetti w/Meat Sauce or **Main Dish Option Garlic Toast Fruit Fresh Veggie Bar	17 Chicken Patty Sandwich or **Main Dish Option Tater Tots Fruit Fresh Veggie Bar 	18 Hungry Howie's Pizza or **Main Dish Option Side Salad Fruit Treat
21 Corn Dog or **Main Dish Option Fruit Fresh Veggie Bar Cinnamon Graham Crackers	22 Orange Chicken w/Rice or **Main Dish Option Fruit Fresh Veggie Bar Fortune Cookie	23 Roast Chicken Roll w/ butter ** or Main Dish Option Mashed Potatoes w/ gravy Fruit	24 Soft Pretzel w/ Cheese Sauce Yogurt or **Main Dish Option Fruit Fresh Veggie Bar	25 Hungry Howie's Pizza or **Main Dish Option Side Salad Fruit Treat
28 Breakfast Pizza or **Main Dish Option Hashbrown Juice Fresh Veggie Bar	29 Soft Taco Refried Beans or **Main Dish Option Fruit Fresh Veggie Bar	30 Chicken Alfredo Breadstick or **Main Dish Option Fruit Fresh Veggie Bar	**Daily Main Dish Substitution Smoothie, Deli Sandwich, or PB&J Uncrustable	Additional Substitutions for 5th-7th Grades Only Oriental Chicken Salad (M) Taco Salad (T) Crispy Chicken Salad (W) Chef Salad (Th)

“Building a Strong Foundation”

This institution is an equal opportunity provider. Milk served with lunch each day: Skim, 1% Lowfat, Chocolate Milk (Menu subject to change)