


# September

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>**Daily Main Dish Substitution</b> Yogurt, Deli Sandwich, or PB&J Uncrustable	<b>Additional Substitutions for 5<sup>th</sup>-7<sup>th</sup>                      Grades Only</b> Oriental Chicken Salad (M) Taco Salad (T) Crispy Chicken Salad (W) Chef Salad (Th)			1  Hungry Howie's Pizza or **Main Dish Option Fresh Veggie Bar Fruit Treat
4  	5  Soft Taco Refried Beans or **Main Dish Option Tortilla Chips Fruit Fresh Veggie Bar	6  Chicken Alfredo Garlic Toast or **Main Dish Option Fruit Fresh Veggie Bar	7  Chicken Patty Sandwich or **Main Dish Option Tater Tots Fruit Fresh Veggie Bar	8  Hungry Howie's Pizza or **Main Dish Option Fresh Veggie Bar Fruit Treat
11  Crispy Chicken Strips Biscuit or **Main Dish Option Fruit Fresh Veggie Bar	12  Teriyaki Chicken w/Rice Refried Beans ** or Main Dish Option Fruit Fresh Veggie Bar	13  Pizza Bites or **Main Dish Option Marinara Sauce Fruit Fresh Veggie Bar	14  Hot Dog or **Main Dish Option Chips Fruit Fresh Veggie Bar	16  Hungry Howie's Pizza or **Main Dish Option Fresh Veggie Bar Fruit Treat
18  Apple Cinnamon Toast Sausage or **Main Dish Option Hashbrown Juice Fresh Veggie Bar	19  Orange Chicken w/Rice or **Main Dish Option Fruit Fresh Veggie Bar Fortune Cookie	20  Popcorn Chicken or **Main Dish Option Mashed Potatoes w/Gravy Fruit	21  Hamburger ** or Main Dish Option Chips Fruit Fresh Veggie Bar	23  Hungry Howie's Pizza or **Main Dish Option Fresh Veggie Bar Fruit Treat
25  Crispy Chicken Strips Biscuit or **Main Dish Option Fruit Fresh Veggie Bar	26  Cheesy Nachos Refried Beans or **Main Dish Option Fruit Fresh Veggie Bar	27  Spaghetti w/Meat Sauce or **Main Dish Option Garlic Toast Fruit Fresh Veggie Bar	28  Chicken Patty Sandwich or **Main Dish Option Tater Tots Fruit Fresh Veggie Bar	30  Hungry Howie's Pizza or **Main Dish Option Fresh Veggie Bar Fruit Treat

## GEORGE WASHINGTON ACADEMY

"Building a Strong Foundation"

George Washington Academy Child Nutrition Program is experiencing the same food/supply chain issues that have impacted restaurants and grocery stores throughout this country. We are committed to ensuring students continue to have access to healthy meals each school day, although we may have to make some last-minute changes to our regular menus, based on availability. We hope you will be patient as we sort through these food/supply chain issues.

This institution is an equal opportunity provider. Milk served with lunch each day: Skim, 1% Lowfat, Chocolate Milk