

2026 September

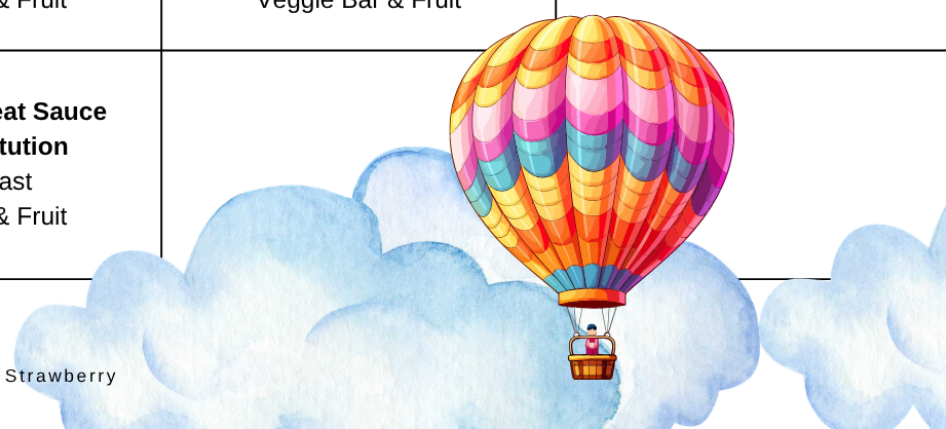
*** Daily Main Dish

Substitution:

Yogurt, Deli Sandwich,
or PB&J Uncrustable

Substitutions for
5th-7th Grades Only:

Oriental Chicken Salad (M)
Taco Salad (T)
Crispy Chicken Salad (W)
Pizza Salad (TH)

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Chicken Quesadilla ***or Substitution Refried Beans Veggie Bar & Fruit	2 Spaghetti & Meat Sauce ***or Substitution Garlic Toast Veggie Bar & Fruit	3 Cheesy Garlic Bread ***or Substitution Veggie Bar & Fruit	4 Hungry Howie's Pizza ***or Substitution Veggie Bar & Fruit
7 No School	8 Soft Taco ***or Substitution Refried Beans Veggie Bar & Fruit	9 Chicken Alfredo ***or Substitution Garlic Toast Veggie Bar & Fruit	10 Chicken Patty Sandwich ***or Substitution Tater Tots Veggie Bar & Fruit	11 Hungry Howie's Pizza ***or Substitution Veggie Bar & Fruit
14 Chicken Strips & Biscuit ***or Substitution Veggie Bar & Fruit	15 Orange Chicken & Rice ***or Substitution Veggie Bar & Fruit	16 Pizza Bites ***or Substitution Veggie Bar & Fruit	17 French Dip Sandwich ***or Substitution French Fries Veggie Bar & Fruit	18 Hungry Howie's Pizza ***or Substitution Veggie Bar & Fruit
21 Apple Cinnamon Toast ***or Substitution Hashbrowns Veggie Bar & Fruit	22 Teriyaki Meatballs & Rice ***or Substitution Veggie Bar & Fruit	23 Popcorn Chicken ***or Substitution Mashed Potatoes Veggie Bar & Fruit	24 Hamburger ***or Substitution Sun Chips Veggie Bar & Fruit	25 Hungry Howie's Pizza ***or Substitution Veggie Bar & Fruit
28 French Bread Pizza ***or Substitution Veggie Bar & Fruit	29 Chicken Noodle Soup ***or Substitution Garlic Toast Veggie Bar & Fruit	30 Spaghetti & Meat Sauce ***or Substitution Garlic Toast Veggie Bar & Fruit		

George Washington Academy
"Building a Strong Foundation"

This institution is an equal opportunity provider.

Menu may change due to product availability. Milk served with lunch: 1% Lowfat, Chocolate, Strawberry