

# SEPTEMBER 2024

**MON**

**TUE**

**WED**

**THU**

**FRI**

2  
**NO SCHOOL**

9  
CHICKEN STRIPS  
BISCUIT  
\*\*\* OR MAIN DISH OPTION  
FRESH VEGGIE BAR  
FRUIT

16  
**SHORT DAY**  
FRENCH TOAST  
HASHBROWNS  
\*\*\* OR MAIN DISH OPTION  
FRESH VEGGIE BAR  
FRUIT

23  
CHICKEN STRIPS  
BISCUIT  
\*\*\* OR MAIN DISH OPTION  
FRESH VEGGIE BAR  
FRUIT

30  
CORN DOG  
GRAHAM CRACKERS  
\*\*\* OR MAIN DISH OPTION  
FRESH VEGGIE BAR  
FRUIT

3  
SOFT TACO  
REFRIED BEANS  
\*\*\* OR MAIN DISH OPTION  
FRESH VEGGIE BAR  
FRUIT

10  
TERIYAKI CHICKEN  
RICE  
\*\*\* OR MAIN DISH OPTION  
FRESH VEGGIE BAR  
FRUIT

17  
**SHORT DAY**  
ORANGE CHICKEN  
RICE  
\*\*\* OR MAIN DISH OPTION  
FRESH VEGGIE BAR  
FRUIT

24  
CHEESY NACHOS  
REFRIED BEANS  
\*\*\* OR MAIN DISH OPTION  
FRESH VEGGIE BAR  
FRUIT

4  
CHICKEN ALFREDO  
GARLIC TOAST  
\*\*\* OR MAIN DISH OPTION  
FRESH VEGGIE BAR  
FRUIT

11  
PIZZA BITES  
W/ MARINARA  
\*\*\* OR MAIN DISH OPTION  
FRESH VEGGIE BAR  
FRUIT

18  
**SHORT DAY**  
POPCORN CHICKEN  
MASHED POTATOES  
\*\*\* OR MAIN DISH OPTION  
FRESH VEGGIE BAR  
FRUIT

25  
SPAGHETTI  
GARLIC TOAST  
\*\*\* OR MAIN DISH OPTION  
FRESH VEGGIE BAR  
FRUIT

5  
CHICKEN PATTY SANDWICH  
TATOR TOTS  
\*\*\* OR MAIN DISH OPTION  
FRESH VEGGIE BAR  
FRUIT

12  
HOT DOG  
SUNCHIPS  
\*\*\* OR MAIN DISH OPTION  
FRESH VEGGIE BAR  
FRUIT

19  
**SHORT DAY**  
HAMBURGER  
SUNCHIPS  
\*\*\* OR MAIN DISH OPTION  
FRESH VEGGIE BAR  
FRUIT

26  
CHICKEN PATTY SANDWICH  
TATOR TOTS  
\*\*\* OR MAIN DISH OPTION  
FRESH VEGGIE BAR  
FRUIT

6  
HUNGRY HOWIE'S PIZZA  
\*\*\* OR MAIN DISH OPTION  
FRESH VEGGIE BAR  
FRUIT

13  
HUNGRY HOWIE'S PIZZA  
\*\*\* OR MAIN DISH OPTION  
FRESH VEGGIE BAR  
FRUIT

20  
**SHORT DAY**  
HUNGRY HOWIE'S PIZZA  
\*\*\* OR MAIN DISH OPTION  
FRESH VEGGIE BAR  
FRUIT

27  
HUNGRY HOWIE'S  
PIZZA  
\*\*\* OR MAIN DISH OPTION  
FRESH VEGGIE BAR  
FRUIT

**GEORGE WASHINGTON ACADEMY**  
**"BUILDING A STRONG FOUNDATION"**  
 GEORGE WASHINGTON ACADEMY CHILD NUTRITION PROGRAM IS EXPERIENCING THE SAME FOOD/SUPPLY CHAIN ISSUES THAT HAVE IMPACTED RESTAURANTS AND GROCERY STORES THROUGHOUT THE COUNTRY. WE ARE COMMITTED TO ENSURING STUDENTS CONTINUE TO HAVE ACCESS TO HEALTHY MEALS EACH SCHOOL DAY, ALTHOUGH WE MAY HAVE TO MAKE SOME LAST MINUTE CHANGES TO OUR REGULAR MENU, BASED ON AVAILABILITY.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER. MILK SERVED WITH LUNCH EACH DAY: SKIM, 1% LOWFAT, CHOCOLATE MILK.

\*\*\* DAILY MAIN DISH  
SUBSTITUTION:  
YOGURT, DELI SANDWICH, OR  
PB&J UNCRUSTABLE

ADDITIONAL  
SUBSTITUTIONS FOR  
5TH-7TH GRADES ONLY:

ORIENTAL CHICKEN SALAD (M)  
 TACO SALAD (T)  
 CRISPY CHICKEN SALAD (W)  
 CHEF SALAD (TH)